

# Getting Immediate Support in a Crisis

**IF YOUR PRETEEN IS IN THE PROCESS OF  
INJURING OR TRYING TO KILL THEMSELVES  
CALL 911**

Make sure to tell dispatchers your child's age when you call

If your preteen is talking about **seriously harming or killing themselves right now**, you should seek IMMEDIATE assistance.

- Call or text **988** for the **Suicide & Crisis Lifeline**.
  - Trained lifeline staff are available 24/7 and will help you figure out immediate steps to protect your child.
- Call **Lane County Crisis Line** 24/7: 541-682-1001
- Call **Riverview Youth Crisis Response Team** 24/7: 1-888-989-9990

If your preteen is talking about **seriously injuring or killing another person right now**:

- Call **911**
  - Make sure to tell dispatcher's your child's age when you call

For additional resources, please scan the QR code below or visit:  
<https://php.kidsintransitiontoschool.org/resource-page/>

